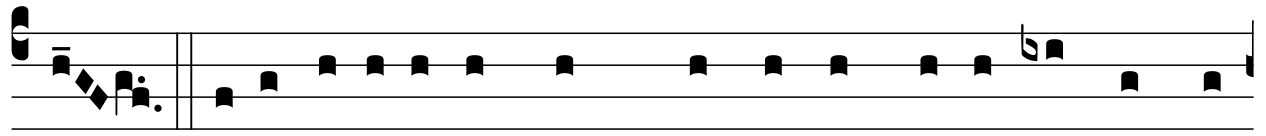
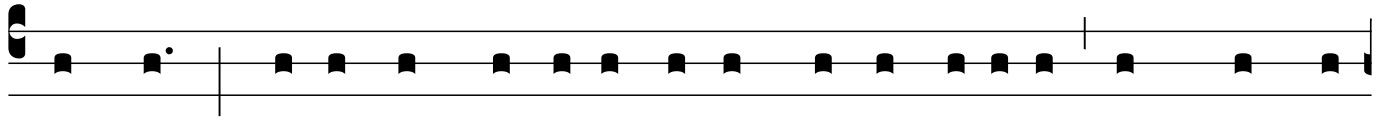


Lesson 3

Lamentations 1:10-14



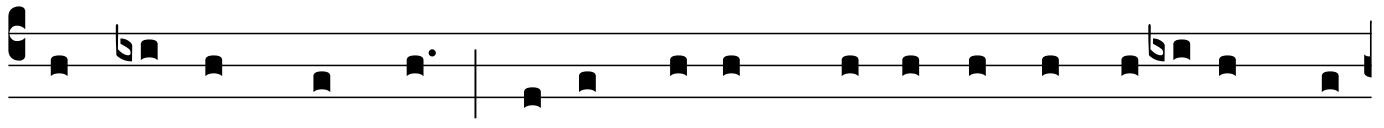
Yodh. The adversar-y has stretched out his hand to seize all her pre-



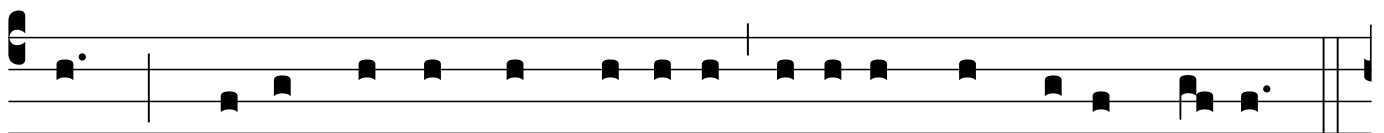
cious things; she has seen the Gentiles invade her sanctu- ar-y, those whom you



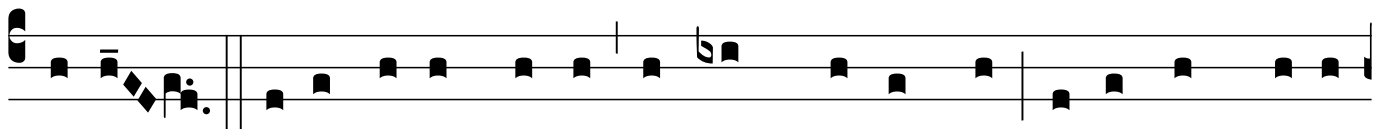
had forbidden to enter your congre-ga-tion. Kaph. All her people groan



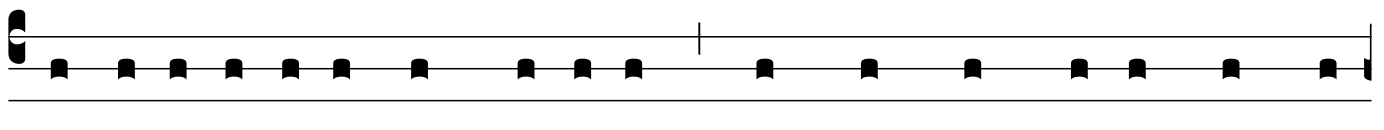
as they search for bread; they sell their own children for food to re-vive their



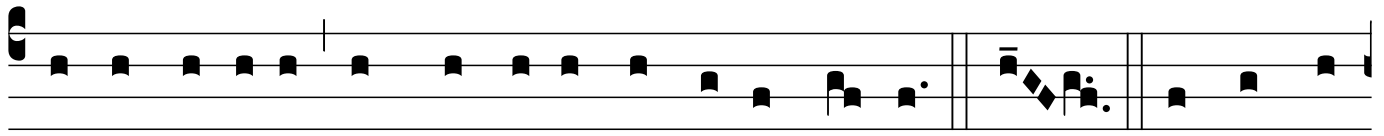
strength. “Be-hold, O Lord, and consid-er, for I am now beneath contempt!”



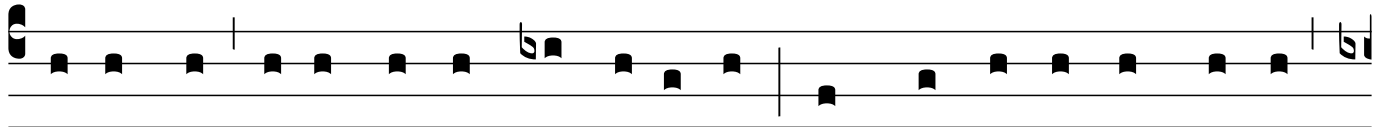
Lamedh. Is it nothing to you, all you who pass by? Be-hold and see if



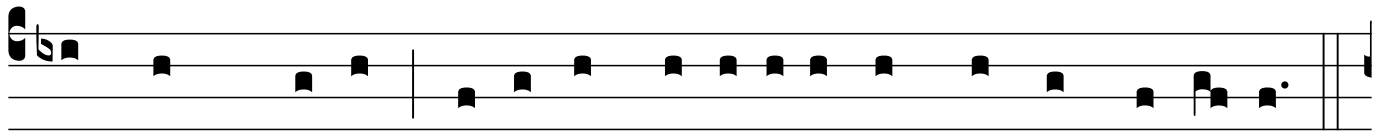
there is an-y sorrow like my sorrow, which was brought up-on me, which



the Lord inflicted, on the day of his burning an-ger. Mem. From on high



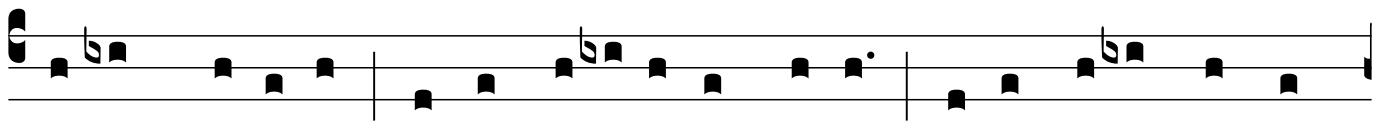
he sent fire, into my bones it descended; he spread a net for my feet,



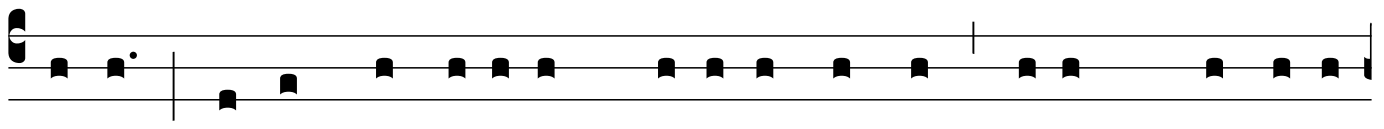
and turned me back; he has left me des-o-late and faint all the day long.



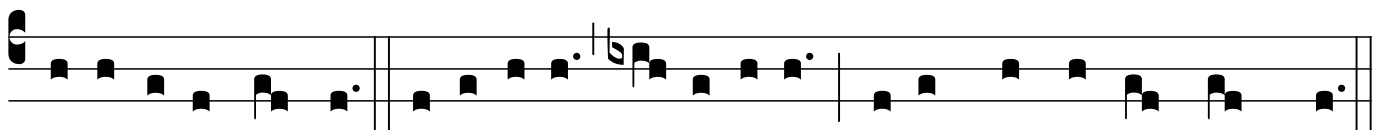
Nun. My transgressions were bound into a yoke; by his hand they were



fas-tened to-gether; their yoke is up-on my neck; he has caused my strength



to fail. The Lord has de-liv-ered me into their hands, against whom I am



not able to stand up. Je-ru-sa-lem, Je-ru-sa-lem, re-tur-n to the Lord your God!